

Oral Health Procedure

- The Designated staff member for the session should wash their hands before and after the toothbrushing session and cover any cuts or abrasions or breaks in the skin with a waterproof dressing to prevent cross-infection
- Children will be supervised at all times
- A staff member put a pea sized amount of fluoride toothpaste onto a paper plate and assist the children to scoop this onto their toothbrushes
- Children will have their name on their own toothbrush
- Children will be seated if possible while toothbrushing takes place
- Staff will sing our song as the children brush their teeth showing them what to do
- After tooth brushing is complete children will spit excess toothpaste into a disposable paper towel and put it into the bin provided
- Paper towels will then be disposed of immediately after use in refuse bags and taken to the bin outside
- Toothbrushes will then be placed onto a plate (brush end not touching) by a member of staff
- The Designated staff member will then rinse the toothbrushes individually with cold running water shaking off any excess water into the sink before returning them to the storage system to dry
- The toothbrushes should not come into contact with the sink or tap
- Designated staff member will then be responsible for cleaning the sink with a neutral detergent or wipes after toothbrushing is completed

September 2018

Reviewed June 2019

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