

Reading with your Child

Reading and storytelling with babies and children promotes brain development and imagination, develops language and emotions, and strengthens relationships.

- Sometimes you can read. And sometimes you can look at picture books, sing songs or tell stories from your culture.
- Babies and young children often enjoy books, songs and stories with good rhyme, rhythm, and repetition.
- Anytime is a good time for a book or story! Try to share at least one book or story each day

Reading and sharing stories can:

- Help your child to get to know sounds, words, and language, and develop early literacy skills
- Learn to value books and stories
- Spark your child's imagination and stimulate curiosity
- Help develop your child's brain, ability to focus, concentration, social skills, and communication skills
- Help your child to learn the difference between 'real'; and 'make believe'
- Help your child understand new or frightening events, and the strong emotions that come with them
- Help your child learn about the world, their own culture, and other cultures